

A guide to Spotify for parents and guardians.

We know that, as parents, you want to help your children safely navigate the digital world. We also know that determining what's right for your family is a personal decision, so our priority is to empower parents with the information they need to make the right choices for, and with, their children.

In this guide, we'll discuss the protections you can use to ensure the Spotify experience is appropriate for users under 18, and answer questions you may have about your child's use of Spotify.

Is Spotify appropriate for my child?

We have designed Spotify to be appropriate for listeners 13+ years of age, although the minimum age for using the service varies according to local law. You can find the minimum age for your market in our sign up flow.

You should encourage your child to provide their accurate age during registration to Spotify to ensure they are protected by the age-based safeguards within our service.

If your child is under the minimum age but uses Spotify against our terms and conditions, you should help them to close the account and move to *Spotify Kids* (more information below).



What if my child is too young for Spotify?

We encourage you to check out [Spotify Kids](#), our separate, ad-free service designed specifically for children 12 and younger. Spotify Kids allows your child to enjoy human-curated, kid-friendly content in the form of music, audiobooks, and more, and to soundtrack their day, from playtime to bedtime.

Spotify Kids allows you to view and manage the content your child is listening to using parental controls, and is exclusively available with a [Spotify Premium Family](#) subscription.

The [Spotify Kids Privacy Policy](#) explains how we process your and your child's data when using Spotify Kids, and the safeguards we provide.

Explicit Content

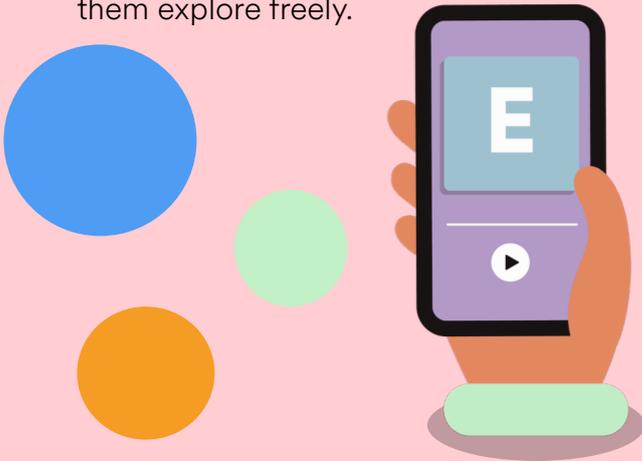
Not all content on Spotify may be suitable for teens — for example, some music may contain objectionable language, and podcasts can discuss adult subjects.

Content which may not be appropriate for teens is marked with an “*Explicit Content*” or “*E*” label. Podcast hosts may also include audio warnings at the beginning of an episode.

As a parent, you know what content is best for your child. Talk to them about what the Explicit label means and whether or not they should listen to such content on Spotify.

If your teen has a sub-account on your Family plan, you can control their access to Explicit Content by adjusting the Explicit Content toggle within your Family Plan Home Hub.

Spotify Kids does not contain content marked Explicit, so you can relax and let them explore freely.



Shared devices

It is important to ensure that any content you play on a shared device is appropriate for all listeners, especially anyone under 18. When you're using a shared device you may want to adjust your *Explicit Content* setting (under “Settings”) so that you don't mistakenly play inappropriate content at a bad time, for example, during a family road trip or at a children's party.

Privacy Rights and Controls

All Spotify users have privacy rights, including the right to request a copy of their data and to request deletion of their data.

Our [Privacy Policy](#) explains how Spotify users can exercise their privacy rights and adjust their settings on Spotify. Make sure your child is aware of these rights and controls and feels comfortable using them.

If your child listens to Spotify Kids, they can find more information about exercising their rights in the [Kids Resource](#), or you can exercise privacy rights as the account holder.



Where to Find More

Privacy is very important to Spotify and all of our listeners can learn more about how we protect data rights at our user friendly [Privacy Center](#).

If you or your child feel uncomfortable speaking about issues relating to online safety, there is more help available at resources like the [UK Safer Internet Centre](#).

